



# A MILE A DAY FOR 26 DAYS TAKE THE MARATHON CHALLENGE

We are inviting you and your children to join the **'26 in 26' health and wellness challenge** in partnership with The Daily Mile and the ADNOC Abu Dhabi Marathon.

Starting from Sunday October 24<sup>th</sup>, everyone has 25 school days to complete their Daily Mile, and the opportunity to finish their 26<sup>th</sup> mile on November 26<sup>th</sup>, the day of this year's ADNOC Abu Dhabi Marathon!

All children who complete the full '26 in 26' challenge will be awarded a medal and along the way there will be also opportunities to win 2.5k fun run entries at the ADNOC Abu Dhabi Marathon.

We hope your children will enjoy joining us on our journey to a more active and healthy future!

For enquiries please email your [contact@thedailymile.ae](mailto:contact@thedailymile.ae) or your PE teacher.

